

# Ateliers du Champ Girault

## — Ateliers et stages week-ends 2026-2027 —

*Le samedi, la grande salle Champ-Girault peut être libre à partir de 10 h*

Mise à jour

25/08/2026

| SEPTEMBRE |           | Salle                      | Matin                       |             | Après-midi                                |         |
|-----------|-----------|----------------------------|-----------------------------|-------------|-------------------------------------------|---------|
| Samedi    | 5/9/2026  | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                           |         |
|           |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche  | 6/9/2026  | Champ Girault-Grande salle |                             |             |                                           |         |
|           |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi    | 12/9/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Yoga Andrea</a>               | 14h-17h |
|           |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche  | 13/9/2026 | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h     |                                           |         |
|           |           | Champ Girault-Petite salle |                             |             | <a href="#">Relaxation-Bols chantants</a> | 18h-20h |
| Samedi    | 19/9/2026 | Champ Girault-Grande salle | <a href="#">Marie Yoga</a>  | 10h15-11h30 |                                           |         |
|           |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche  | 20/9/2026 | Champ Girault-Grande salle |                             |             |                                           |         |
|           |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi    | 26/9/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                           |         |
|           |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche  | 27/9/2026 | Champ Girault-Grande salle |                             |             |                                           |         |
|           |           | Champ Girault-Petite salle |                             |             |                                           |         |

| OCTOBRE  |            | Salle                      | Matin                       |             | Après-midi                                         |         |
|----------|------------|----------------------------|-----------------------------|-------------|----------------------------------------------------|---------|
| Samedi   | 3/10/2026  | Champ Girault-Grande salle | <a href="#">Marie Yoga</a>  | 10h15-11h30 | <a href="#">Feldenkrais&amp;Neuro-Architecture</a> | 14h-17h |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |
| Dimanche | 4/10/2026  | Champ Girault-Grande salle |                             |             |                                                    |         |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |
| Samedi   | 10/10/2026 | Champ Girault-Grande salle | <a href="#">Yoga Océane</a> | 10h-12h     | <a href="#">Yoga Andrea</a>                        | 14h-17h |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |
| Dimanche | 11/10/2026 | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h     |                                                    |         |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |
| Samedi   | 17/10/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Feldenkrais</a>                        | 14h-18h |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |
| Dimanche | 18/10/2026 | Champ Girault-Grande salle |                             |             |                                                    |         |
|          |            | Champ Girault-Petite salle |                             |             | <a href="#">Relaxation-Bols chantants</a>          | 18h-20h |
| Samedi   | 24/10/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                                    |         |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |
| Dimanche | 25/10/2026 | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h     | <a href="#">Yoga Andrea</a>                        | 14h-16h |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |
| Samedi   | 31/10/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                                    |         |
|          |            | Champ Girault-Petite salle |                             |             |                                                    |         |

| NOVEMBRE |            | Salle                      | Matin                       |             | Après-midi                                |         |
|----------|------------|----------------------------|-----------------------------|-------------|-------------------------------------------|---------|
| Dimanche | 1/11/2026  | Champ Girault-Grande salle |                             |             |                                           |         |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 7/11/2026  | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Feldenkrais</a>               | 14h-18h |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 8/11/2026  | Champ Girault-Grande salle |                             |             |                                           |         |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Mercredi | 11/11/2025 | Champ Girault-Grande salle |                             |             |                                           |         |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 14/11/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Danse Conscience</a>          | 15h-17h |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 15/11/2026 | Champ Girault-Grande salle |                             |             |                                           |         |
|          |            | Champ Girault-Petite salle |                             |             | <a href="#">Relaxation-Bols chantants</a> | 18h-20h |
| Samedi   | 21/11/2026 | Champ Girault-Grande salle | <a href="#">Marie Yoga</a>  | 10h15-11h30 | <a href="#">Yoga Andrea</a>               | 14h-17h |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 22/11/2026 | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h     |                                           |         |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 28/11/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                           |         |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 29/11/2026 | Champ Girault-Grande salle | Occupée                     | 9h30-13h    | Occupée                                   | 13h-18h |
|          |            | Champ Girault-Petite salle |                             |             |                                           |         |

| DECEMBRE |            | Salle                      | Matin                                     |             | Après-midi                                         |           |
|----------|------------|----------------------------|-------------------------------------------|-------------|----------------------------------------------------|-----------|
| Samedi   | 5/12/2026  | Champ Girault-Grande salle | <a href="#">Marie Yoga</a>                | 10h15-11h30 | <a href="#">Feldenkrais&amp;Neuro-Architecture</a> | 14h-17h   |
|          |            | Champ Girault-Petite salle |                                           |             |                                                    |           |
| Dimanche | 6/12/2026  | Champ Girault-Grande salle | <a href="#">Constellations familiales</a> | 9h30-14h    | <a href="#">Constellations familiales</a>          | 14h-18h30 |
|          |            | Champ Girault-Petite salle |                                           |             |                                                    |           |
| Samedi   | 12/12/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45                       |             | <a href="#">Feldenkrais</a>                        | 14h-18h   |
|          |            | Champ Girault-Petite salle |                                           |             |                                                    |           |
| Dimanche | 13/12/2026 | Champ Girault-Grande salle | Occupée                                   | 9h30-12h30  |                                                    |           |
|          |            | Champ Girault-Petite salle |                                           |             | <a href="#">Relaxation-Bols chantants</a>          | 18h-20h   |
| Samedi   | 19/12/2026 | Champ Girault-Grande salle | Occupé jusqu'à 9h45                       |             |                                                    |           |
|          |            | Champ Girault-Petite salle |                                           |             |                                                    |           |
| Dimanche | 20/12/2026 | Champ Girault-Grande salle |                                           |             |                                                    |           |
|          |            | Champ Girault-Petite salle |                                           |             |                                                    |           |
| Samedi   | 26/12/2026 | Champ Girault-Grande salle |                                           |             |                                                    |           |
|          |            | Champ Girault-Petite salle |                                           |             |                                                    |           |
| Dimanche | 27/12/2026 | Champ Girault-Grande salle |                                           |             |                                                    |           |
|          |            | Champ Girault-Petite salle |                                           |             |                                                    |           |

| JANVIER  |           | Salle                      | Matin                       |             | Après-midi                                |         |
|----------|-----------|----------------------------|-----------------------------|-------------|-------------------------------------------|---------|
| Samedi   | 2/1/2027  | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 3/1/2027  | Champ Girault-Grande salle |                             |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 9/1/2027  | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Feldenkrais</a>               | 14h-18h |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 10/1/2027 | Champ Girault-Grande salle | Occupée                     | 9h30-12h30  |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 16/1/2027 | Champ Girault-Grande salle | <a href="#">Marie Yoga</a>  | 10h15-11h30 | <a href="#">Danse Conscience</a>          | 15h-17h |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 17/1/2027 | Champ Girault-Grande salle |                             |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             | <a href="#">Relaxation-Bols chantants</a> | 18h-20h |
| Samedi   | 23/1/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Yoga Andrea</a>               | 14h-17h |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 24/1/2027 | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h     |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 30/1/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 31/1/2027 | Champ Girault-Grande salle |                             |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |

| FEVRIER  |           | Salle                      | Matin                       |             | Après-midi                                |         |
|----------|-----------|----------------------------|-----------------------------|-------------|-------------------------------------------|---------|
| Samedi   | 6/2/2027  | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Yoga Andrea</a>               | 14h-17h |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 7/2/2027  | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h     |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 13/2/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             | <a href="#">Feldenkrais</a>               | 14h-18h |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 14/2/2027 | Champ Girault-Grande salle | Occupée                     | 9h30-12h30  |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             | <a href="#">Relaxation-Bols chantants</a> | 18h-20h |
| Samedi   | 20/2/2027 | Champ Girault-Grande salle | <a href="#">Marie Yoga</a>  | 10h15-11h30 |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 21/2/2027 | Champ Girault-Grande salle |                             |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Samedi   | 27/2/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |
| Dimanche | 28/2/2027 | Champ Girault-Grande salle |                             |             |                                           |         |
|          |           | Champ Girault-Petite salle |                             |             |                                           |         |

| MARS     |           | Salle                      | Matin                                   |             | Après-midi                                |             |
|----------|-----------|----------------------------|-----------------------------------------|-------------|-------------------------------------------|-------------|
| Samedi   | 6/3/2027  | Champ Girault-Grande salle | <a href="#">Marie Yoga</a>              | 10h15-11h30 |                                           |             |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |
| Dimanche | 7/3/2027  | Champ Girault-Grande salle |                                         |             |                                           |             |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |
| Samedi   | 13/3/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45                     |             | <a href="#">Feldenkrais</a>               | 14h-18h     |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |
| Dimanche | 14/3/2027 | Champ Girault-Grande salle | Occupée                                 | 9h30-13h    | Occupée                                   | 13h-18h     |
|          |           | Champ Girault-Petite salle |                                         |             | <a href="#">Relaxation-Bols chantants</a> | 18h30-20h30 |
| Samedi   | 20/3/2027 | Champ Girault-Grande salle | <a href="#">Architecture</a>            | 10h-13h     | <a href="#">Yoga Andrea</a>               | 14h-17h     |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |
| Dimanche | 21/3/2027 | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a>             | 10h-13h     | <a href="#">Danse Conscience</a>          | 15h-17h     |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |
| Samedi   | 27/3/2027 | Champ Girault-Grande salle | <a href="#">Eutonie Gerda Alexander</a> | 10h-14h     | <a href="#">Eutonie Gerda Alexander</a>   | 14h-17h30   |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |
| Dimanche | 28/3/2027 | Champ Girault-Grande salle | <a href="#">Eutonie Gerda Alexander</a> | 9h30-14h    | <a href="#">Eutonie Gerda Alexander</a>   | 14h-17h     |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |
| Lundi    | 29/3/2027 | Champ Girault-Grande salle | <a href="#">Eutonie Gerda Alexander</a> | 9h30-14h    | <a href="#">Eutonie Gerda Alexander</a>   | 14h-16h30   |
|          |           | Champ Girault-Petite salle |                                         |             |                                           |             |

| AVRIL    |           | Salle                      | Matin                       |         | Après-midi                                |         |
|----------|-----------|----------------------------|-----------------------------|---------|-------------------------------------------|---------|
| Samedi   | 3/4/2027  | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |         | <a href="#">Yoga Andrea</a>               | 14h-17h |
|          |           | Champ Girault-Petite salle |                             |         |                                           |         |
| Dimanche | 4/4/2027  | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h |                                           |         |
|          |           | Champ Girault-Petite salle |                             |         |                                           |         |
| Samedi   | 10/4/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |         | <a href="#">Yoga Océane</a>               | 15h-17h |
|          |           | Champ Girault-Petite salle |                             |         |                                           |         |
| Dimanche | 11/4/2027 | Champ Girault-Grande salle |                             |         |                                           |         |
|          |           | Champ Girault-Petite salle |                             |         |                                           |         |
| Samedi   | 17/4/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |         | <a href="#">Feldenkrais</a>               | 14h-18h |
|          |           | Champ Girault-Petite salle |                             |         |                                           |         |
| Dimanche | 18/4/2027 | Champ Girault-Grande salle |                             |         |                                           |         |
|          |           | Champ Girault-Petite salle |                             |         | <a href="#">Relaxation-Bols chantants</a> | 18h-20h |
| Samedi   | 24/4/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45         |         |                                           |         |
|          |           | Champ Girault-Petite salle |                             |         |                                           |         |
| Dimanche | 25/4/2027 | Champ Girault-Grande salle | <a href="#">Yoga Andrea</a> | 10h-13h | <a href="#">Yoga Andrea</a>               | 14h-16h |
|          |           | Champ Girault-Petite salle |                             |         |                                           |         |

| MAI      |           | Salle                      | Matin               |             | Après-midi                     |         |
|----------|-----------|----------------------------|---------------------|-------------|--------------------------------|---------|
| Samedi   | 1/5/2027  | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Dimanche | 2/5/2027  | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Jeudi    | 6/5/2027  | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Vendredi | 7/5/2027  | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Samedi   | 8/5/2027  | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Dimanche | 9/5/2027  | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Samedi   | 15/5/2027 | Champ Girault-Grande salle | Marie Yoga          | 10h15-11h30 |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Dimanche | 16/5/2027 | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             | Relaxation-Bols chantants      | 18h-20h |
| Samedi   | 22/5/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |             | Feldenkrais&Neuro-Architecture | 14h-17h |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Dimanche | 23/5/2027 | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Samedi   | 29/5/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |             | Feldenkrais                    | 14h-18h |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Dimanche | 30/5/2027 | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |
| Lundi    | 31/5/2027 | Champ Girault-Grande salle |                     |             |                                |         |
|          |           | Champ Girault-Petite salle |                     |             |                                |         |

| JUN      |           | Salle                      | Matin               |          | Après-midi                |             |
|----------|-----------|----------------------------|---------------------|----------|---------------------------|-------------|
| Samedi   | 5/6/2027  | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |          | Yoga Andrea               | 14h-17h     |
|          |           | Champ Girault-Petite salle |                     |          |                           |             |
| Dimanche | 6/6/2027  | Champ Girault-Grande salle | Yoga Andrea         | 10h-13h  |                           |             |
|          |           | Champ Girault-Petite salle |                     |          |                           |             |
| Samedi   | 12/6/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |          |                           |             |
|          |           | Champ Girault-Petite salle |                     |          |                           |             |
| Dimanche | 13/6/2027 | Champ Girault-Grande salle | Occupée             | 9h30-13h | Occupée                   | 13h-18h     |
|          |           | Champ Girault-Petite salle |                     |          | Relaxation-Bols chantants | 18h30-20h30 |
| Samedi   | 19/6/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |          |                           |             |
|          |           | Champ Girault-Petite salle |                     |          |                           |             |
| Dimanche | 20/6/2027 | Champ Girault-Grande salle |                     |          |                           |             |
|          |           | Champ Girault-Petite salle |                     |          |                           |             |
| Samedi   | 26/6/2027 | Champ Girault-Grande salle | Occupé jusqu'à 9h45 |          |                           |             |
|          |           | Champ Girault-Petite salle |                     |          |                           |             |
| Dimanche | 27/6/2027 | Champ Girault-Grande salle |                     |          |                           |             |
|          |           | Champ Girault-Petite salle |                     |          |                           |             |

| JUILLET  |          | Salle                      | Matin                     |          | Après-midi                |           |
|----------|----------|----------------------------|---------------------------|----------|---------------------------|-----------|
| Samedi   | 3/7/2027 | Champ Girault-Grande salle | Constellations familiales | 9h30-14h | Constellations familiales | 14h-18h30 |
|          |          | Champ Girault-Petite salle |                           |          |                           |           |
| Dimanche | 4/7/2027 | Champ Girault-Grande salle |                           |          |                           |           |
|          |          | Champ Girault-Petite salle |                           |          |                           |           |